

California Military Institute 951-443-2731

Important Dates:

- 11/01 UC Application Window opens
- 11/04-11/05 CAHSEE
- 11/08 SAT
- 11/10 No School
- 11/11 Veteran's Day Holiday
- 11/17 Herff Jones here at lunch for Seniors
- 11/24-11/28 No School
- 11/30 CSU and UC Application Deadline

Up Coming Events:

- 12/06 SAT
- 12/19 First Semester Ends
- 12/22-01/09 Winter Break

FOLLOW US ON TWITTER
@CMICOUNSELING

Middle School Counselor:

Victor Murillo, ext 35212
victor.murillo@puhsd.org

High School Counselor:

Kathleen Cook, ext 35111
Kathleen.cook@puhsd.org

Registrar/SIS Tech:

Daniel Smith, ext 35106
Daniel.smith@puhsd.org



College of the Month-University of Oregon

The University of Oregon, founded in 1876, is the state's flagship institution. Located in Eugene, an energetic college town, the university offers [academic excellence](#) and [hands-on learning opportunities](#) in a welcoming atmosphere. Towering trees shade the 295-acre campus,

where students, faculty members, and employees from a wide variety of backgrounds share a commitment to preserving the environment and pursuing innovation in more than [200 academic programs](#) that range from Eugene to Portland and from the coast to the mountains.

Average Admissions Info:

GPA 3.6

SAT 1485-1850

ACT 22-28

Student/Teacher Ratio 19:1

Division 1 Sports-PAC 12

<http://admissions.uoregon.edu/photos>

Career of the Month- Computer Hardware Engineer

What They Do:

Research, design, develop, or test computer or computer-related equipment for commercial, industrial, military, or scientific use. May supervise the manufacturing and installation of computer or computer-related equipment and components.

Wages:

In 2013, the average annual wage in California was **\$115,970** with most people making between **\$66,660** and **\$171,290**

Outlook:

During 2010, this occupation employed approximately **19,600** people in California. It is projected that there will be **23,300** employed in 2020.

Things they Need to Know:

Mathematics-including Calc and Stats. *Physics*- Knowledge of design techniques and tools including blueprints, drawing and models. *Computer and Electronics*- such as knowledge of circuit boards,

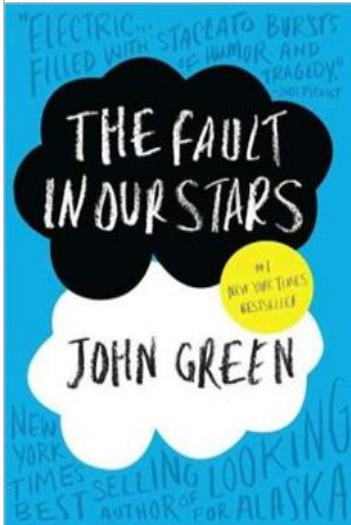
processors, programing and software.

Things they Need to be Able to Do:

Critical Thinking, Reading Comprehension, Active Listening, Speaking, Active Learning, Complex Problem Solving



<http://www.cacareerzone.org/profile/17-2061.00>



By John Green

Overview

The Fault in Our Stars is award-winning author John Green's most ambitious and heartbreaking work yet, brilliantly exploring the funny, thrilling, and tragic business of being alive and in love.



"Energy and persistence conquer all things"~

Benjamin Franklin

International Day for Tolerance

The United Nations' (UN) International Day for Tolerance is annually observed on November 16 to educate people about the need for tolerance in society and to help them understand the negative effects of intolerance.

The International Day for Tolerance is a time for people to learn about respecting and recognizing the rights and beliefs of others. It is also a time of reflection and debate on the negative effects of intolerance. Live discussions and debates take place across the world on this day, focusing on how various forms of injustice, oppression, racism and unfair discrimination have a negative impact on society. Many educators use the theme of this day to help students in classrooms or in lecture theatres understand issues

centered on tolerance, human rights and non-violence. These issues are also found in text books, lesson material and other educational resources used for this event. The UN Chronicle Online Education also features articles about tolerance. Information on the day is disseminated through flyers, posters, news articles and broadcasts, and other promotional material to raise people's awareness about the importance of tolerance. Other activities include essays, dialogues and story-telling of people's personal accounts of intolerance and how it affects their

lives.

Human rights activists also use this day as an opportunity to speak out on human rights laws, especially with regard to banning and punishing hate crimes and discrimination against minorities. In the workplace, special training programs, talks, or messages from workplace leaders about the importance of tolerance are utilized on this day.

<http://www.timeanddate.COM>

Motivation [moh-tuh-vey-shuh n]

Motivation is the key to success in school. Although your teachers and parents can provide you with some helpful hints to enhance motivation, they cannot motivate you. You are responsible for your study habits, for seeking resources and assistance, and for managing your time. You have to want to do well enough to put forth the effort.

There are types of motivation. The first one is outer motivation. These are things such as good grades, money, trips, and shopping sprees. You do something good and you get a reward. Self-motivation is doing something because YOU want to and your reward is knowing that you did your best. For example, you are a dedicated basketball player and you practice every day. You work hard and then game day comes around. You score 25 points and have been voted Most Valuable Player at the end of the game. Self-motivation is what made you go to practice every day and work hard. Outer motivation is the praise, the points scored and winning MVP of the game. Now, ask yourself if you are doing what it takes to be the MVP in class or at home?

<http://www.coedu.usf.edu/>

Dear Rough Rider Parents and Guardians,

In our last newsletter, I shared some ideas and concerns about safety at our site. In this issue, I am continuing the safety theme — specifically, concerning the role we all play in the lives of our students with respect to the use and abuse of both legal and illegal drugs.

Legal drugs are readily available in virtually every home where our students reside or visit. During my nearly 22 years on active duty as both an enlisted Marine and a Marine officer, all of it was spent as either a military policeman or criminal investigator. While serving as a Naval Criminal Investigations Service (NCIS) agent, I spent several years as an undercover narcotics agent and worked countless joint operations with local, county, state and other federal agencies. In addition, I majored in criminal justice and sociology and am also a graduate of the FBI National Academy. Simply put, my experiences in law enforcement have left an indelible imprint on me, and I know just how devastating using and abusing legal and illegal drugs can be. For years, I watched young men and women from a variety of backgrounds have their lives forever altered as a result of what I typically refer to as "poor choices."

The purpose of my message is to encourage (implore!) all of you to have a regular dialogue with your sons and daughters. Ask questions, be cautious and be a role model and mentor for your young adults. Engage in regular and meaningful conversations with them about the dangers associated with even "dabbling" in drugs.

Every study ever conducted reveals that most kids get in involved in drug use and abuse as teenagers. In 2012,

35.8 percent of students in grades 8 through 12 reported using illegal drugs, a 1.7 percent increase from the previous year.

Additionally, in a 2013 nationwide student survey, 48 percent of students reported using alcohol and 26 percent reported using tobacco products. Another disturbing trend among teens is that the use of marijuana is not seen as a risk at all, yet statistics show otherwise. Also consider "K2," "spice," "bath salts" and other substances that are not "illegal," but that are very popular, and their use is on the rise because of their "classification."

Legal drugs, those that are readily available in your homes and purses right now, are of great concern. Alarming, 50 percent of teenagers believe that prescription drugs are safer than illegal drugs. Even more disturbing is that 70 percent of teens reported that their home medicine cabinet is the source for their drugs. Another chilling fact: According to the National Center on Addiction and Substance Abuse at Columbia University, teens who abuse prescription drugs are twice as likely to use alcohol, five times more likely to use marijuana, and 12 to 20 times more likely to use illegal street drugs such as heroin, ecstasy and cocaine than teens who do not abuse prescription (legal) drugs.

In the end, regardless of what addictive behaviors students engage in, there is evidence that, when started early, the lifelong risks are very high. Take the time to have the "difficult conversation," ask many questions and inquire about whom they are hanging around with and what they are doing. Look at their eyes, observe their behaviors, monitor their activity and, most importantly, watch over them.

Michael Rhodes
Principal/Commandant

Did you know????

Thanksgiving Facts

- TV dinners started in 1953 after someone ordered a lot more turkey than what they were able to sell, so they sliced up the meat and repackaged it.
- There are four places in the U.S. named Turkey: Louisiana's Turkey Creek, Turkey, Texas; Turkey, North Carolina; and Turkey Creek, Arizona.
- Friday is the busiest day for plumbers. Want to guess why??
- A fryer-roaster is a baby turkey (less than 12 weeks old).
- On average we consume 3,000 calories during a Thanksgiving dinner. If we add calories from breakfast, snacks and beverages we end up consuming between 4,000 and 6,000 calories. It will take up to 8 hours of moderate exercise to burn it off.

Rouba Tay
Assistant Principal/Lt. Col

Thanking Those Who Served

Many people confuse Memorial Day and Veterans Day. Both holidays were established to recognize and honor the men and women who have worn the uniform of the United States Armed Forces. But Memorial Day, which is observed on the last Monday in May, was originally set aside as a day for remembering and honoring military personnel who died in the service of their country, particularly those who died in battle or as a result of wounds sustained in battle.

While those who died are also remembered on Veterans Day, which is observed on November 11, Veterans Day is intended to thank and honor all those who served honorably in the military - in wartime or peacetime. In fact, Veterans Day is largely intended to thank living Veterans for their service, to acknowledge that their contributions to our national security are appreciated, and to underscore the fact that all those who served - not only those who died - have sacrificed and done their duty.

World War I – known at the time as "The Great War" - officially ended when the Treaty of Versailles was signed on June 28, 1919, in the Palace of Versailles outside the town of Versailles, France. However, fighting ceased seven months earlier when an armistice, or temporary cessation of hostilities, between the Allied nations and Germany went into effect on the eleventh hour of the eleventh day of the eleventh month. For that reason, November 11, 1918, is generally regarded as the end of "the war to end all wars." In 1954, after lobbying efforts by veterans' service organizations, the 83rd U.S. Congress amended the 1938 act that had made Armistice Day a holiday, striking the word "Armistice" in favor of "Veterans." President Dwight D. Eisenhower signed the legislation on June 1, 1954. From then on, November 11 became a day to honor American veterans of all wars.

Britain, France, Australia and Canada also commemorate the veterans of World Wars I and II on or near November 11th: Canada has Remembrance Day, while Britain has Remembrance Sunday (the second Sunday of November). In Europe, Britain and the Commonwealth countries it is common to observe two minutes of silence at 11 a.m. every November 11. In the United States, an official wreath-laying ceremony is held each Veterans Day at the Tomb of the Unknowns in Arlington National Cemetery, while parades and other celebrations are held in states around the country.

CMI has several staff members who have served or are currently serving as members of the Armed Forces. This month we thank them for their service!

For more information on Veterans Day visit: <http://www.history.com/topics/holidays/history-of-veterans-day>.

Robin Davis
Assistant Principal/Lt. Col

Staff Member of the Month (October-Certificated) Angel Love-Behrens



Mrs. Behrens went to the University of Redlands and became a history teacher. Before that, for six and a half years, she worked in a district office doing the work-ability program training dogs for special education students. When asked about the new principal she said she was on the interview panel and was very excited that he took the offer to work at

CMI. "Compared to other schools the staff, students and parents of CMI have a very unique deeper passion for a good high quality education." Mrs. Behrens is highly dedicated and involved in the Relay for Life charity and cancer foundation and would like to remind everyone to show their support.

Staff Member of the Month (October-Classified) Tracy Assimakopoulos



You may have seen her in the library, the health office, or the front desk; the Kids know her as Ms. Tracy and she is always willing it pitch in where needed. Ms. Tracy has 12 years of experience working in schools. She attended Royal Academy of Dance in London, England. When asked why she chooses to work at CMI she said "It's the cream of the crop and I like it here more every day." Similar to other staff members she feels the new principal is a breath of fresh air.

Staff Kudos

Kudos to **Mrs. Ryan** for taking on Red Ribbon week. A lot of work well done.

Kudos to **Mr. Valdavinovs** for being so helpful with history and sharing various

technology that can be used in class.

Kudos to **Mrs. Zoccoli** for the work she does in her classroom; being a first year teacher is hard work.

Kudos to **Ms. Miller** for working to redo the benchmarks and pacing guides for US and World History.

Kudos to Ms. Tay for managing so many different areas during a

chaotic beginning of the year. You never quit on us... Thanks!!!

Kudos to **Ms. Smith!!** In addition to being a great teacher, she is on the WASC team and is in charge of CELDT. She does an excellent job balancing everything!