

April 2014



***Spring Break***



# April Fools



April Fools' Day is celebrated on April 1 of every year. Its Origins are uncertain. April Fools' is not a national holiday but a lot of people celebrate it because it is funny. People play practical jokes on each other called april fools'. Some people see April Fools' as a celebration related

to the turns of seasons. April Fools' day is mostly observed throughout the Western world. A professor from the Boston University named Joseph Boskin said that the practice of April Fools' began when a group of court jesters and fools told the Roman emperor that they could do

a better job of running the empire. By Carina Monrreal Vanessa Monreal

Hindus and Romans celebrated new years day around or on April 1st. Pope Gregory XIII ordered a new calendar and it said that new years day was going to be on January 1st. Many people

continued to celebrate new years day the same day because they didn't want to accept the fact that they moved the date. Other's didn't learn about it, people started making fun of the one's who kept celebrating it on that day. They made jokes and tried tricking them by sending them on "fool's errands".





Bickar flew over a Volcano named Mount Edgecumbe and drop many of used rubber tires making people believe the Volcano would erupt while everyone gathered and confused not knowing how to react they were terrified it'll erupt as he saw everyone worried and saw they had been fooled he tells them April fools and lets them know it was just a prank. -Jasmin Alvarez.

Eventually, it spread throughout Europe. Now people still celebrate new years on Jan. 1 and april fool's on April 1st. -Alejandra Juarez

Happy April fools ! April fools is a day that is celebrated by many people and in this day a variety of people from all around the world play

practical jokes pranking each other. After a joke is done you say, "April fools" after you have tricked the person. Did you know surprisingly it's not a national holiday. Something that is also pretty neat is that there was a guy so dedicated to april fools it was around 1974 April the first while

everyone was rising in the morning this guy named Porky





# UPCOMING BOXING MATCHES

Upcoming boxing matches that you might want to catch, let's start with a recent fight, Mexican welterweight superstar Saul "Canelo" Alvarez vs Alfredo "El Perro" Angulo. This fight was completely one-sided with the exception of round 8 won by Angulo until the fight was stopped in round 10 in favor for Canelo victory by technical ko. Two good PPV fights Manny "Pacman" Pacquiao vs Timothy Bradley 2 from their first extremely controversial fight where it was clear that Manny was

dominating every round with a better punch stat are going for a rematch April 12th. Another match worth watching in the middleweight division Miguel Cotto vs Sergio Martinez on June 7th. by Anthony Cotto



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# Who I am

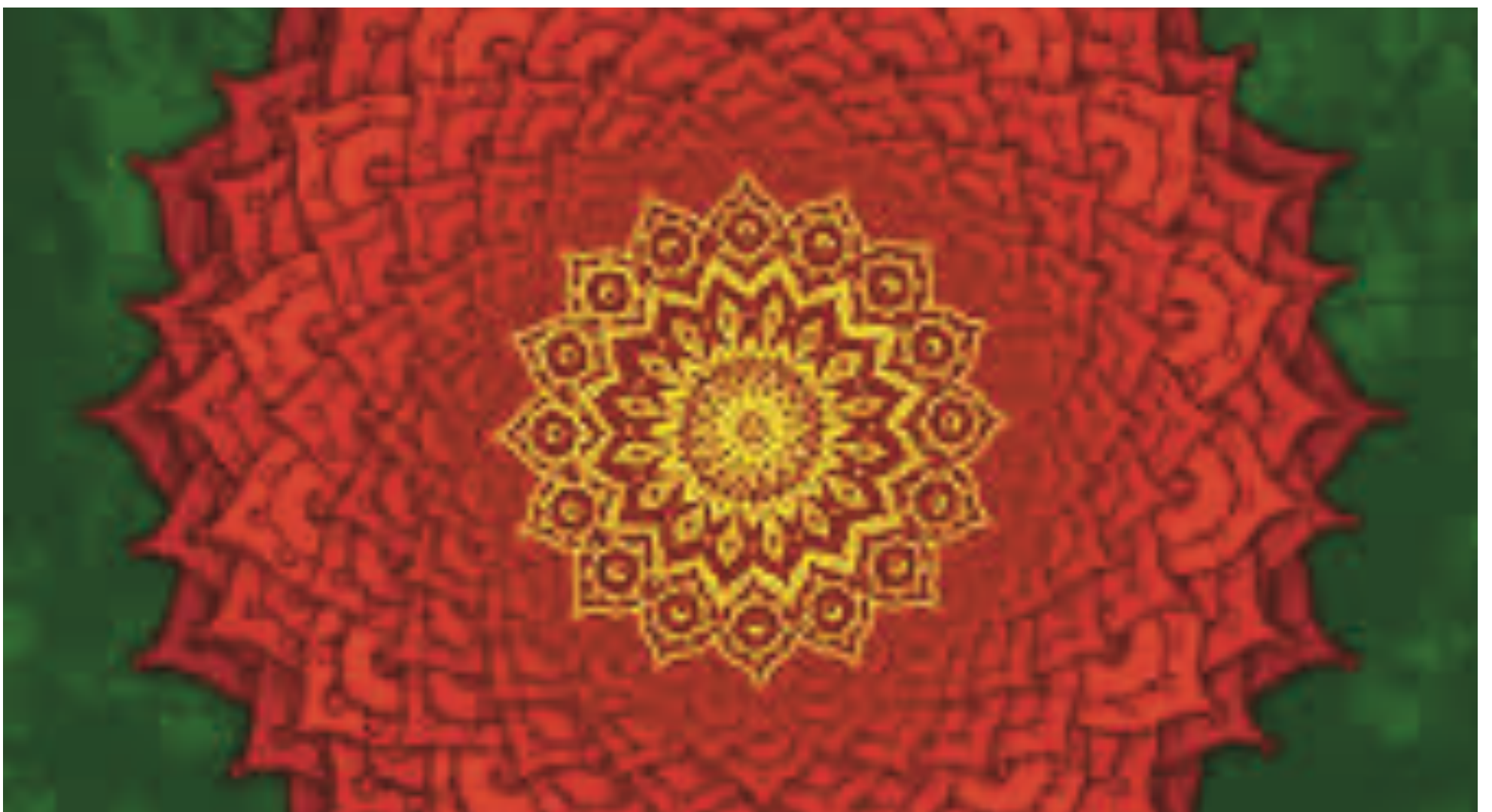
Look, I'm stuck in this physical body, but it's cool, I've formed some pretty dope hobbies. Spiritually I'm embodied in a soul blessed everyday because of my gratitude for everything even that monopoly money. I walk the line with the Universe upon me.

These positive vibrations workin' like reverse psychology. Love you pops my apologies, didn't mean to worry you, I know you're gettin' clean, but my trip was a calling. I've finally found myself after all this terrible sin that had control of me. Brothers and Sisters this lifes

about love, don't ya listen to your hearts position. One love it's what we'll always be, and thanks Bob your musics done a lot for me! Sorry mother for the disrespect in the past, I love you to death and I know I was an ass! Thank you for these healing hands, and the knowledge of

this energies plan. I've chose the good side, and now my love and light shall withstand.

By Ayden





# The Resurrection of Jesus Christ



The Resurrection of Jesus Christ  
The recreation of Jesus is the christian belief that all happened on a sunday following friday on which the day he was executed but crucifixion. it was on Easter sunday

before jesus was sent up to heaven. he appeared to many people over a span of forty days. An apostle named paul, wrote in a book that "Christ died for our sins" according to the scriptures. before he was

resurrected he was whipped badly and put on a cross and he was left to die. there were two other men on crosses too. his followers didn't want anything to do with him so they lied or hid. In fact all that jesus

had gone through is all good because he died for everybody so that we wont have to go through and experience what he went through. then after a moment the guards put his body in a tomb and they stayed by



the tomb  
overnight so that  
the body doesn't  
get stolen. right  
when the guards

fell asleep, the  
body was gone and  
all that appeared in  
the tomb was an  
angel. two woman,

Martha and Mary,  
ran to the tomb to  
check and see if  
jesus's body was  
still there but they

found out that it  
was gone.

written by: Briana  
Walker







# Earth Day

Earth was founded in the 1970s in the height of the flower child movement in America as a day of education about environmental issue. At the time America was having a really bad smog problem so it was felt that a day should be all about saving earth. Now Earth day is globally celebrated. It even sometime extends to earth week which we did not know that it was that big of a

holiday.

The idea of earth day came from the founder Gaylord Nelson then a senator from Wisconsin, after seeing the the devastation of a huge oil spill in 1969 at Santa Barbara.

It has become a very inspirational movement for every year to come. It has become a very important day to a lot of people, A day to be all natural, not litter, and to just treat the Earth better.

Still fueled by the hippie movement, they still look at it as a very cultural experience. It is a day filled with music, dancing, singing, and just celebrating the planet we live on.

It is also looked down upon by certain groups of people and political parties because they believe the problems we talk about are made up. Earth Day is also about total awareness of our planet and the messed up things that we do to it

without even realizing it. Some political parties really enforce topics such as global warming and the greenhouse effect. Other political parties think that we make these things up or that they are fake because we don't look to much into the science of it. Overall, Earth Day has grown to be a huge movement across the US, and even has some buzz in other countries as well. It will most likely continue to try and convince people to



help a bit more with the environment around us for years to come.



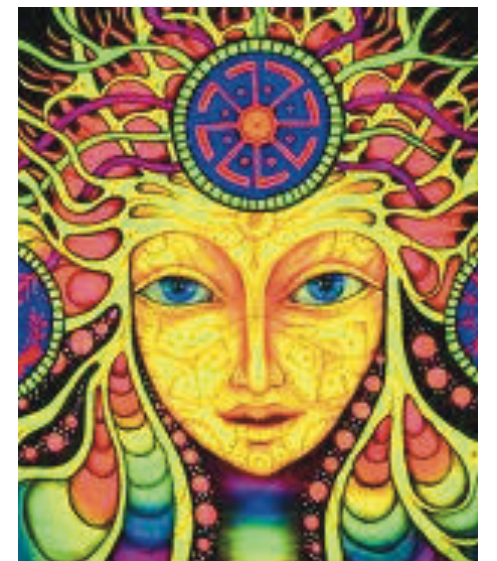
United Nations secretary-general Kurt Waldheim observed Earth Day with similar ceremonies on the March equinox in 1972, and the United Nations Earth Day ceremony has continued each year since on the day of the March equinox (the United Nations also works with

organizers of the April 22 global event). Margaret Mead added her support for the equinox Earth Day, and in 1978 declared:

"Earth Day is the first holy day which transcends all national borders, yet preserves all geographical integrities, spans mountains and oceans and time belts, and yet brings people all over the world into one resonating accord, is devoted to the preservation of the harmony in nature and yet draws upon the triumphs of technology, the measurement of time, and instantaneous communication through space. Earth Day draws

on astronomical phenomena in a new way – which is also the most ancient way – by using the vernal Equinox, the time when the Sun crosses the equator making the length of night and day equal in all parts of the Earth. To this point in the annual calendar, EARTH DAY attaches no local or divisive set of symbols, no statement of the truth or superiority of one way of life over another. But the

selection of the March Equinox makes planetary observance of a shared event possible, and a flag which shows the Earth, as seen from space, appropriate."



By Sean Edwards,  
Shawn Sambula,  
Kouri Parrish





# THE REAL WORLD

What goes on in these current time? Do you know exactly what goes on behind closed doors? I'm going to tell you about, the hidden secrets of

what teens go through day to day," The Real World."

Topic #1

Homosexuality.

Whaaaat? Yup, that's a topic. Well

here's how some people feel about it, don't hate. Most people don't support it. You're probably hating but just continue reading. People

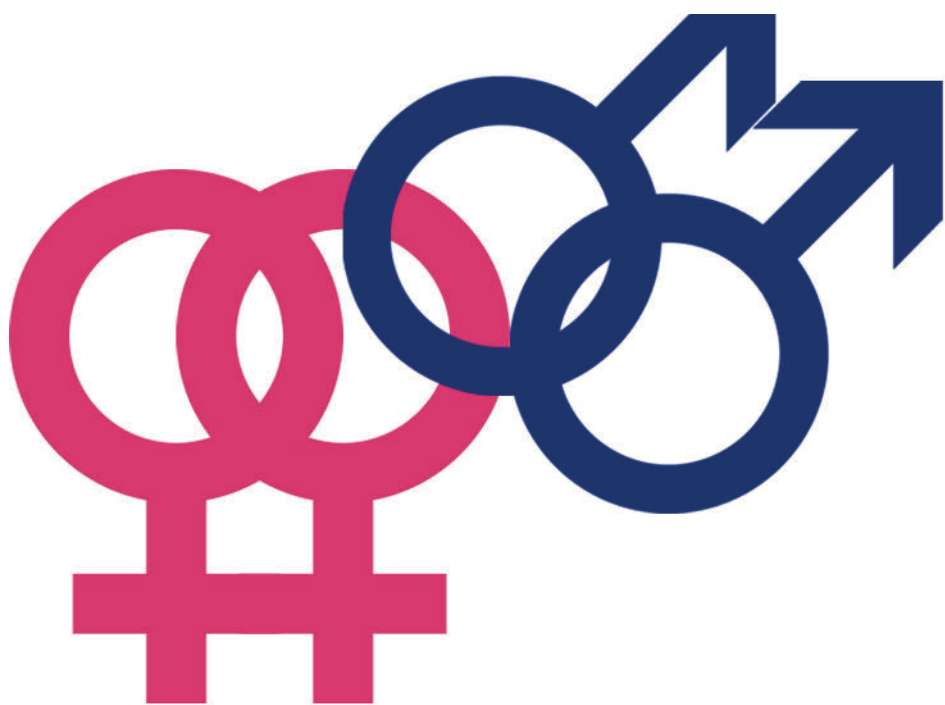
shouldn't discriminate against homosexuality. No one should ever let anyone feel like a lesser person. My heart says, nobody





should feel that way. People always say, "man that was gay", but they never say, "I love you anyway." It's groups of people from many types of religions who say these things, right? They hold up signs where mean things

service. The Bible says to love one another also to judge not. Believe it or not Jesus hung out with prostitutes and other sinners. He loved them unconditionally and Jesus may not have supported negative aspects of



are written, stating" you will burn in hell, & you will be judged." It's not their place to judge others like this. God would not be pleased with hate being preached at a

man, but he also not discriminate against them when they were weak. Faith as Christians is made to show hope and how to love each other, EQUALLY. By writing this, I

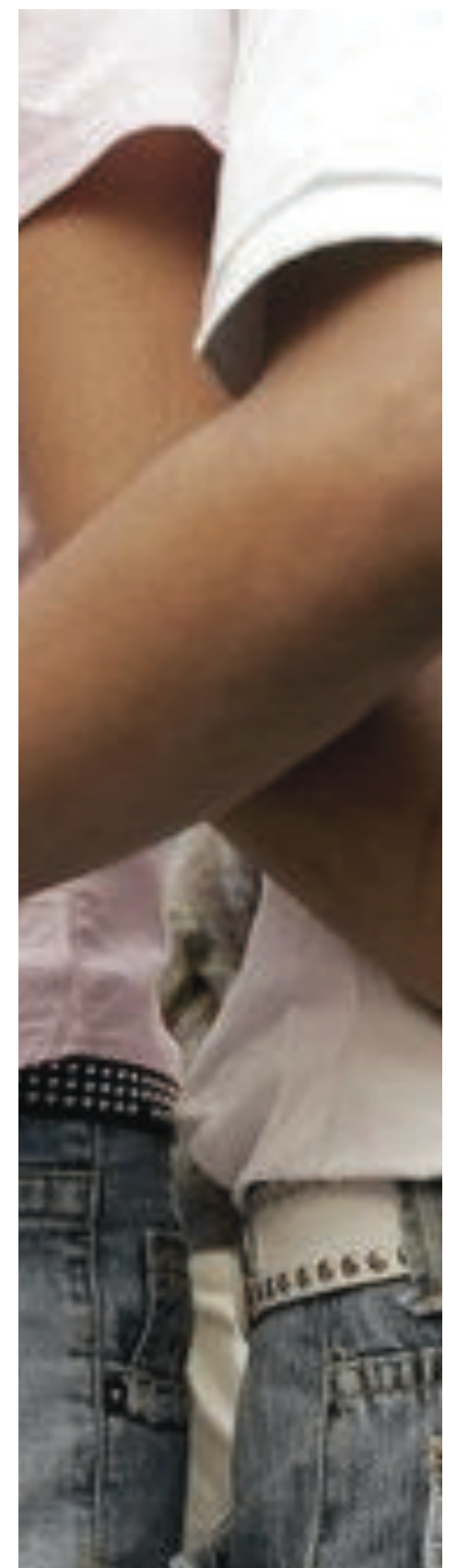
am not offering the opinion that it is ok to be bisexual, gay, or lesbian. What I am writing is that the feelings of rejection that teens go through because of it, isn't right and this is coming from a Christian's perspective. Last but not least: love the heart of people and love everybody everyday, if you don't, how do you expect the world to change. It starts with you.

Written By:  
DeAnna Valdez

I suggest that you check out the christian remix of Macklemore's song called, " SAME LOVE." It really explains how people are supposed to treat

the whole issue on Homosexuality. Its all about love and love is the key.

LINK: [http://www.youtube.com/watch?v=5r\\_3KTcEpAg](http://www.youtube.com/watch?v=5r_3KTcEpAg)





# 4:20

420 is a day/time/code. 420 is a police code for a controlled substance. 4/20 is a day users get together and are under the influence. Using Cannabis

sativa is illegal in most states even if you have a medical card. In some countries like Canada, Cannabis is legal as long as you're 18 years of age or older. April

20th has become a day in which some people celebrate. The Waldo's are the founding fathers of 420, the Waldo's are a group of five high school friends. Everyone has their

different opinions and beliefs on Cannabis. I believe that when marijuana first became a thing, that it was truly meant for peace and all that jazz, but now people get violent over the just of it all. Its a herb but the government has categorized it as a drug, an illegal drug at that. I personally believe that it should be legal, I mean why not there are worse drugs out that are legal.

By: Angel Alvarado

# 4/20

## PASS IT ON...



# Infamous Birthdays

Adolf Hitler was born in Braunau am Inn, Austria on April 20, 1889. He died on April 30, 1945 in Berlin, Germany. He is best known for being the leader of Nazi Germany from 1934 through 1945. He also initiated WW2 and millions of deaths resulted because of him. Him and his wife Eva Braun committed suicide in a bunker. He was the fourth out of six children had by his parents Alois Hitler and Klara Polzl. When he was three he moved from Austria to Germany. He started the Holocaust. As a

child he frequently clashed with his father. When his younger brother Edmund died in 1900, he became detached and introverted. His father didn't approve of his interest in fine arts instead of business. Hitler also showed an interest in German nationalism, rejecting the authority of Austria-Hungary. Alois died unexpectedly in 1903, two years later his mother let him drop out. He moved to Vienna and became a casual worker and water color painter. He applied to the Academy of Fine

Arts twice and was rejected both times, out of money he moved to a homeless shelter where he lived for several years. At the outbreak of WW1 he applied to serve in the German army and was accepted in August 1914. He was decorated for his bravery as a soldier. He was shocked when Germany surrendered in 1918. He was very patriotic person. After WW1 he returned to Munich and continued to work for the military as an intelligence officer. While he was monitoring the German Workers' Party (DAP), he picked up many anti-semitic, nationalist and anti-Marxist ideas of DAP founder Anton Drexler.

Drexler invited Hitler to join DAP which he did in 1919. In 1921 Hitler replaced Drexler as party chairman. He served a year in prison because on November 8, 1923 Hitler and the SA (Nazi paramilitary organization) stormed a public meeting of 3,000 at a beer hall in Munich where he announced that the national revolution has begun and declared the formation of a new government, after a short struggle this failed and resulted in 20 deaths. During the Great Depression of Germany he became a strong force in German politics.

- Eugene Ulrich



# 5 Detox Foods & Its Benefits

Are you trying to stay healthy for summer? Trying balance out your health? or just really into being healthy? Well one way to do that is detoxing by drinking infused waters or eating the right fruits, vegetables and herbs. There are plenty of benefits these fruits, vegetables and herbs can provide for your mind and body. So if you're wondering why your skin is lacking that gorgeous glow, or why you're always feeling bloated? Then you're in the right place.

**1. Green Tea:** Green Tea is beneficial for many things. It helps



regulate blood sugar if you have diabetes, aids in weight loss and speeds up the metabolism. It also helps blood flow and lower cholesterol. And even better, if you put a tea bag on your eyes, it helps remove under eye bags and dark eye

circles.

**2. Grapefruit:** Like green tea, grapefruit also helps with weight loss. If you have a cold, eating or drinking freshly squeezed grapefruit juice help with the common cold or even a sore throat. It's also diabetic

friendly so feel free to indulge. It also help with pregnancy, providing an abundance of vitamins and reduces swelling. Its helps reduce fatigue and promotes sleep.

**3. Mint:** Have a pimple that just will not go away? Are you looking for a natural glow? Or maybe you have asthma? Mint helps you get clearer skin without having to buy expensive products and removes acne scars. It helps asthmatics by reducing congestion and helps soothe the lungs. Its also an appetite suppressant. So





instead of snacking on chips, take some mint leaves instead.

**4. Lemon:** Its high in Potassium, so if any of you girls have killer cramps, try some lemon. Its

contains a lot of Vitamin C that helps prevent cancer and helps maintain bone, cartilage, and teeth. Lemon is also used for weight loss and works well for

## DIY juice cleanse.



acne.

**5. Berries:** Strawberries are perfect for weight loss, boost immunity, keeps wrinkles away, reduces inflammation like heartburn, and is a great source of prenatal vitamins. Blueberries are a great source of fiber. Blackberries are great for your bones, to keep skin glowing and looking healthy.

There are a mass amounts of fruits and vegetables and herbs that you can blend to create juices and infused waters. All are naturally sweetened and super delicious. Instead of sugar add honey, its healthier and better for your body. Stay away from the fatty foods and you'll

see the difference. You'll see the fit and healthier you sooner than you'd expect. Find an empty large bottle, find your favorite fruits, veggies and herbs and fill it with water. And if you like ice cream, find an ice tray fill each compartment with your choice of fruit, herbs, and/or veggies, add water and freeze until it's ready to be eaten.

- Written by Viviana Rodriguez





# Easter Traditions



Easter is by far the most important and oldest festival of the Christian Church, celebrating the resurrection of Jesus Christ and

held in the Western Church, on the first Sunday after the first full moon, the most famous central event in Christianity. -By: Celia Martin

Medieval Easter Tradition The three days before Easter, Maundy Thursday named for the command Jesus gave his disciples and not, just an oddly-named Monday Thursday, Friday, and Holy Saturday were called the Triduum and medieval people would spend a lot of these days in church. Easter is

now, the most important festival in the Christian calendar, which is presumably why it needs forty days of fasting and preparation to get ready for which in turn is part of why people were so excited for it. -By: Manuel Salas Today's Easter Traditions Since its origins, Easter has been a time of celebration and feasting and







many Traditional Easter games and customs developed, such as egg rolling, egg tapping, Pace egging and egg decorating. Today Easter is

commercially important, seeing wide sales of greeting cards and confectionery such as chocolate Easter eggs, marshmallow bunnies, Peeps, and jelly beans.

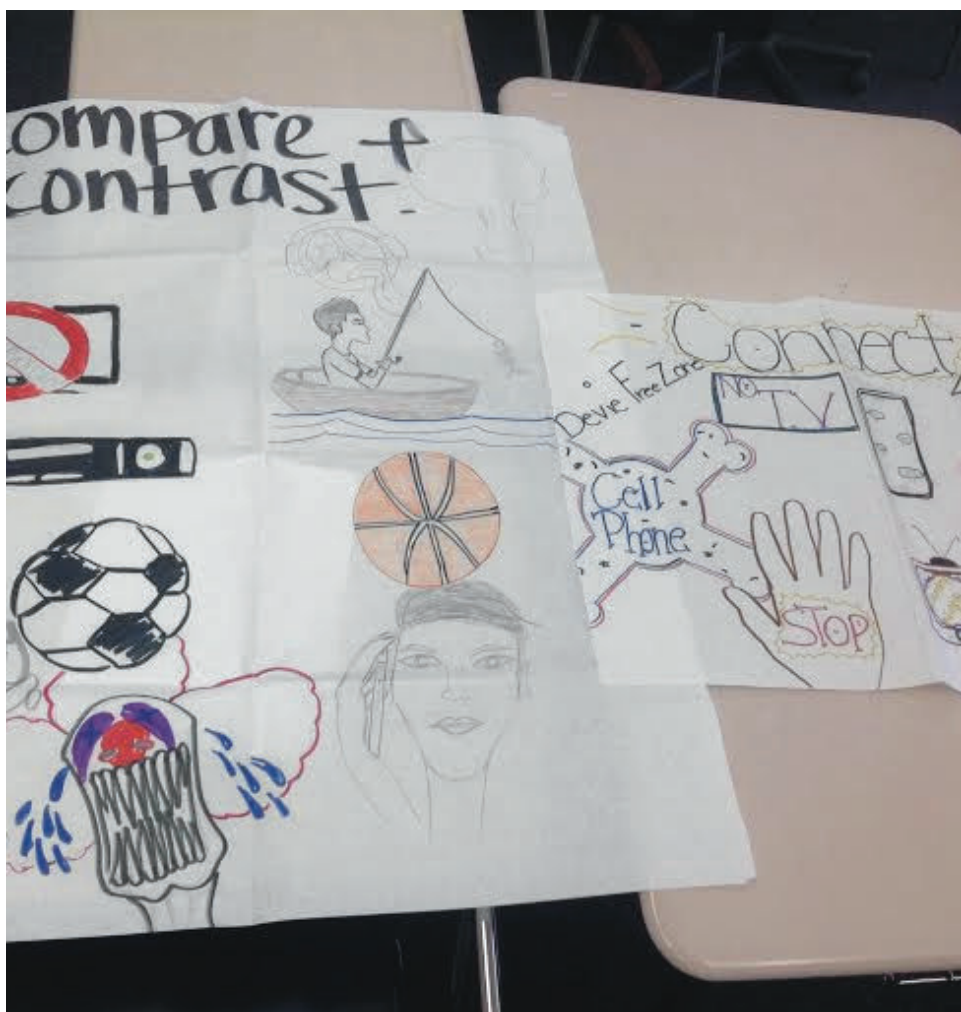
Even many non-Christians celebrate these aspects of the holiday while eschewing the religious aspects. Marshmallow bunnies and

candy eggs in an Easter basket. In some cultures rabbits, which represent fertility, are a symbol of Easter. -By: Ahmad Hamad





# Balancing Technology

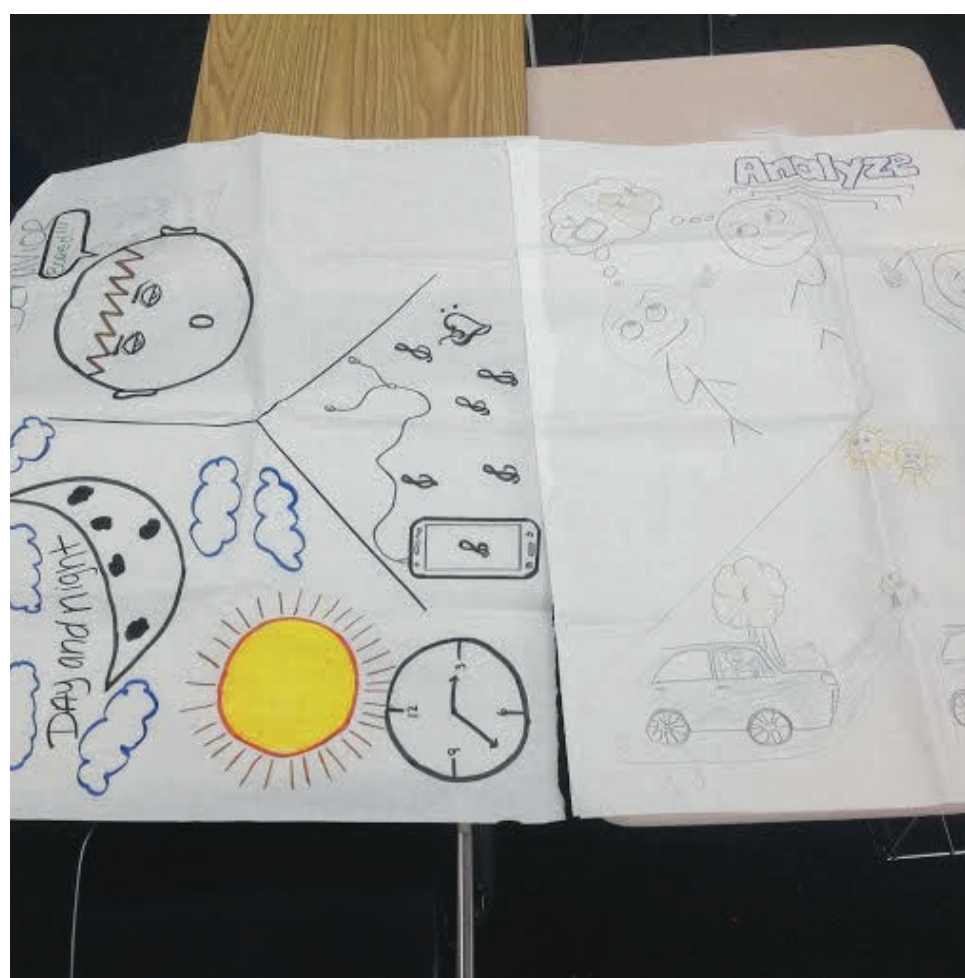


The meaning of these posters is to show students how we need to have a balance between technology and spending time with our loved ones. Technology makes you think you need it when you really don't. It also controls a big part of you. Technology is a big distraction that is getting in between school and at

home. It has made most people lazy. There is a lot of negative things about technology now in days. It's sad to know that the majority of people don't memories important numbers. For example if you're in trouble and your phone is dead you won't have a way to contact anyone for the same reason of

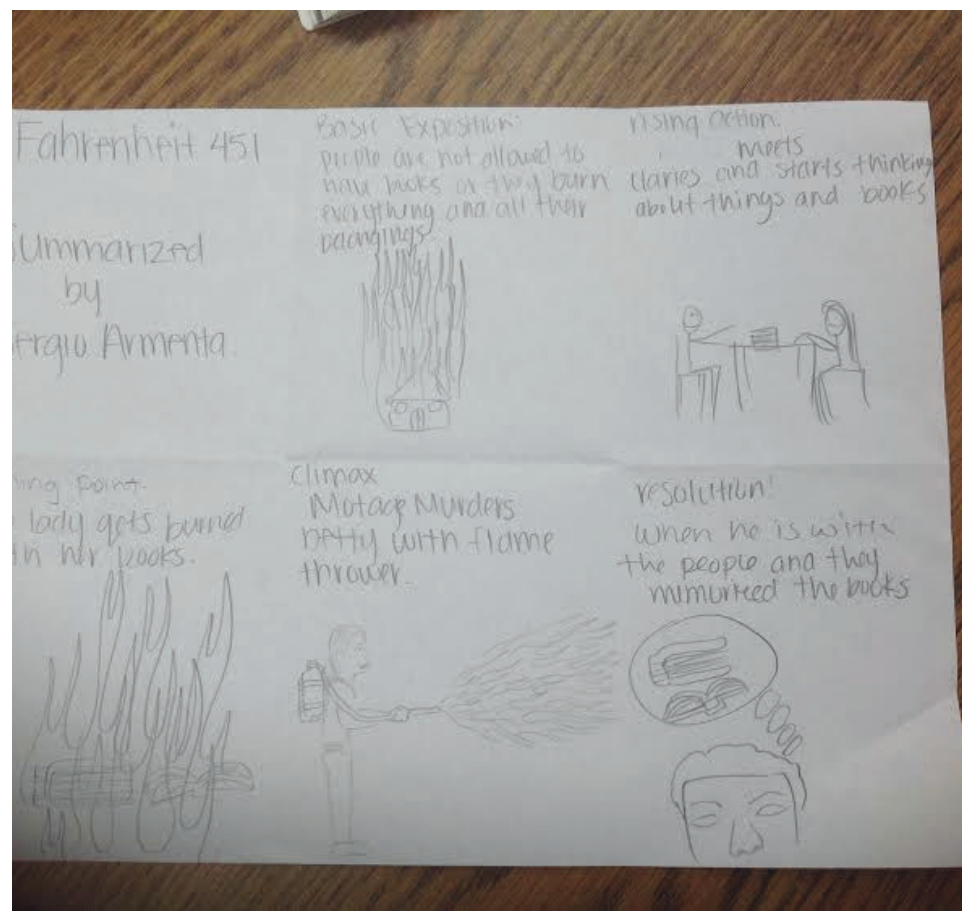
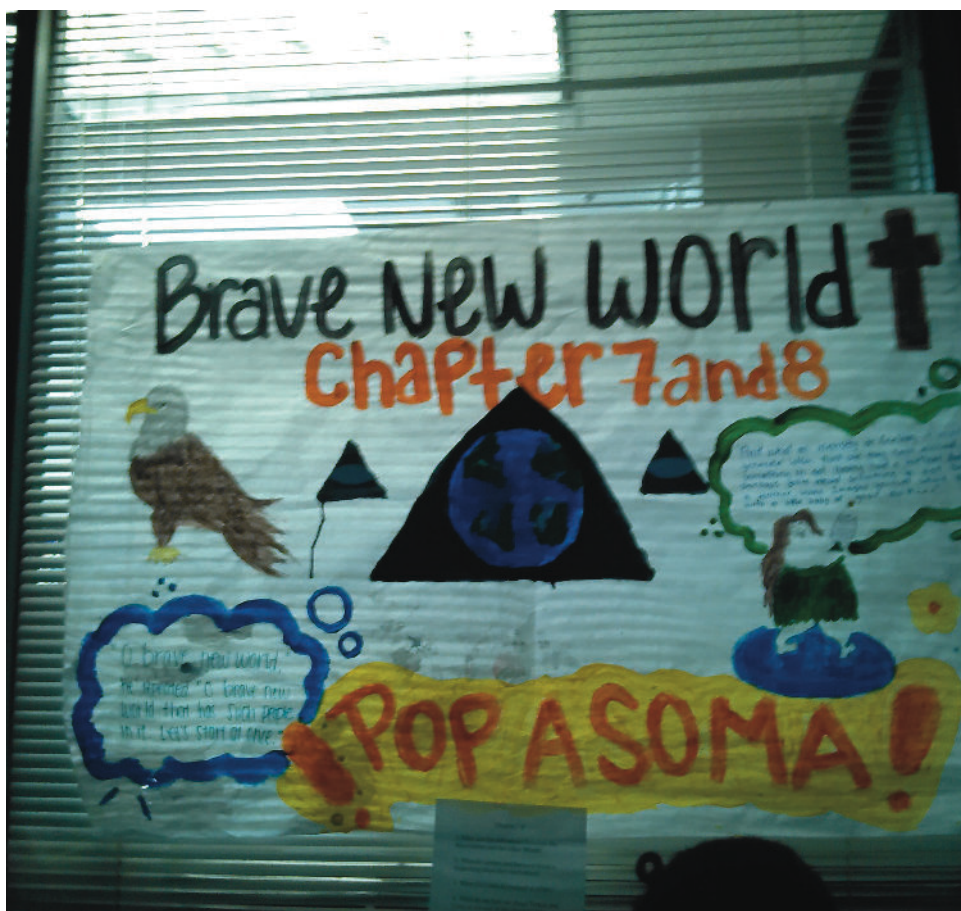
relying on your phone. Many people depend on their phone, computer, etc. Another example is that there is more lack of communication because people tend to ignore others just to be on their phone. For example couples rather be on social networks while being with their spouse. It's sad to

see how many people let technology affect their lives. On the other hand, some people tend to stay away from that and be stressed free. Some families get along better and reconnect after staying away from technology and focus more on one another. Carina M. Vanessa M. Alejandra J. Jasmin A.





# Brave New world and Fahrenheit 451



The seniors are reading about the “Brave New World” and “Fahrenheit 451”. The brave new world and Fahrenheit are both inspiring and eye opening of what we have become today. It has shown and demonstrated us that life was never as easy as it is

today. It has shown us that we can achieve and overcome anything in our way. Fahrenheit 451 is a story of how firemen use to burn any book found and if someone was to have a book they would take the book away and kill the person or beat them. A Brave New

World is talking about a controlled society that is going to break free

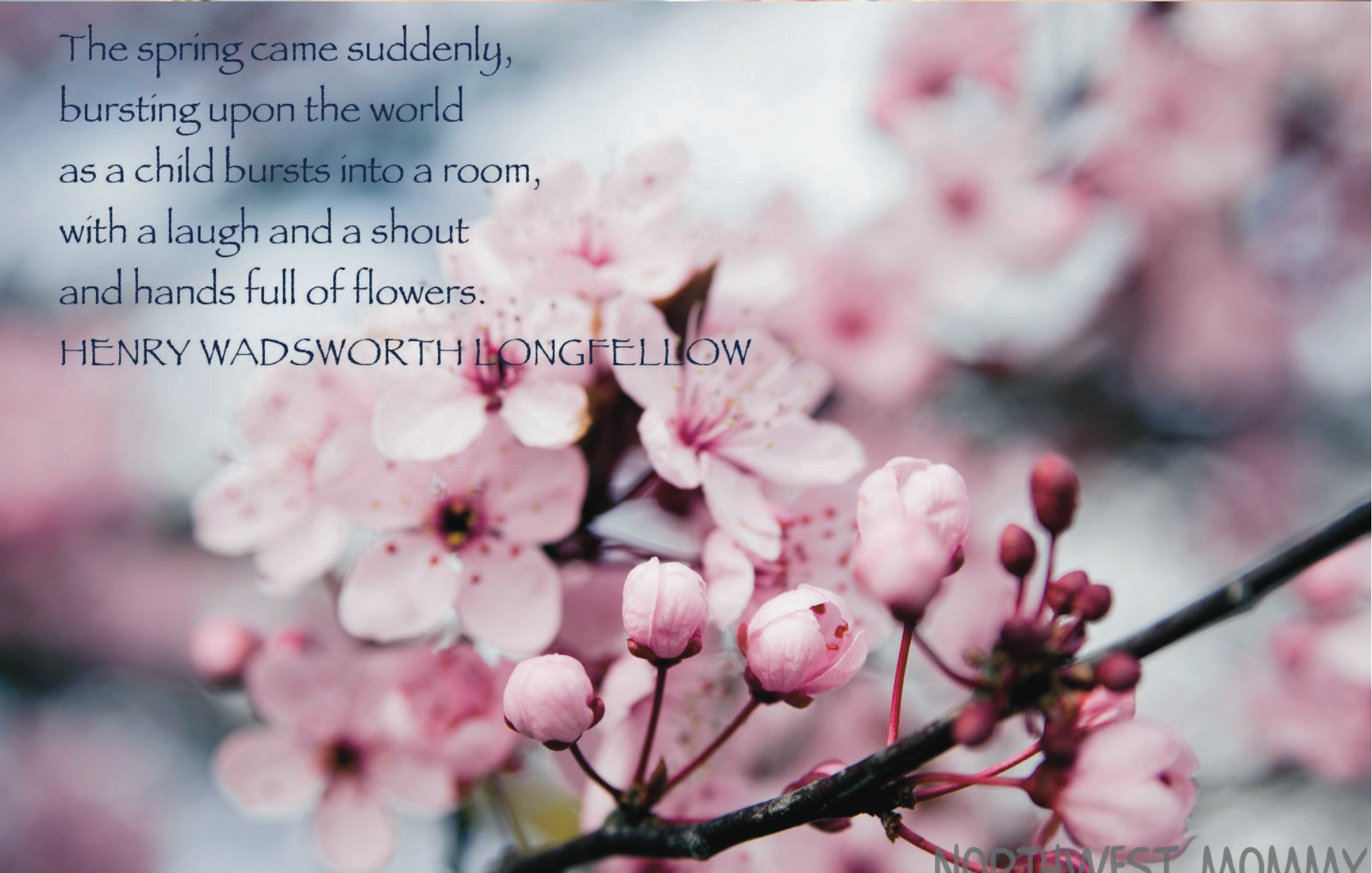
from all the controlling that's going on. Jasmin, Alejandra,







Hello  
April



The spring came suddenly,  
bursting upon the world  
as a child bursts into a room,  
with a laugh and a shout  
and hands full of flowers.

HENRY WADSWORTH LONGFELLOW