

California Military Institute, (951) 443-2731

Important Dates:

- 10/01 CSU Application Window Opens
- 10/03 Picture Day
- 10/07 UCLA Fieldtrip (gr 11 and 12)
- 10/11 SAT
- 10/13 No School
- 10/15 PSAT (gr 10 and 11)
- 10/23 CBU college visit

Upcoming Events:

- 11/01 UC Application Window opens
- 11/04-11/05 CAHSEE
- 11/08 SAT
- 11/10-11/11 No School
- 11/24-11/28 No School
- 11/30 UC and CSU Application deadline

FOLLOW US ON TWITTER
@CMICOUNSELING

Middle School Counselor:

Victor Murillo, ext 35212
victor.murillo@puhsd.org

High School Counselor:

Kathleen Cook, ext 35111
Kathleen.cook@puhsd.org

Registrar/SIS Tech:

Daniel Smith, ext 35106
Daniel.smith@puhsd.org



College of the Month-

California State Polytechnic University, Pomona

Cal Poly Pomona is one of only eleven polytechnic schools in the nation.

The classical meaning of polytechnic is: skilled in many arts." At Cal Poly they weave technology and hands on learning experiences into their academics and bring textbook concepts to life. All programs embrace the teaching of theory through application.

Cal Poly Pomona opened September 1, 1938 with an all-male enrollment of 100 students in San Dimas. They moved to the current campus in 1956, after W. K. Kellogg deeded 813 acres to the campus.

Today the campus is 1,438 acres and is the 2nd largest in area amongst all the CSU's. About 2,700 staff member's support 22,000 students.

Cal Poly is nestled between Los Angeles, Orange and San Bernardino counties and offers a convenient location for students to swim in the ocean, ski/hike in the mountains or spend a day at an amusement park.

Cal Poly is known for its "learn by doing" approach. The university offers more than 60 majors and degree programs in eight academic colleges:

- Agriculture
- business administration
- Collins college of hospitality management
- education and integrative studies
- engineering
- environmental design
- letters, arts and social science
- science

Facts & Figures:
Average Class Size:
Undergraduate 36
Graduate 14

Freshman Statistics:
Average GPA 3.41
SAT Composite Score 1071

Biggest Academic Groups
Business Administration 4229
Engineering 4841
Letters, Arts, & Social Science 3087
Science 347

Enrollment by Ethnicity
Hispanic/Latino 3686
Asian 2055
White 2205
African American 344
Two or more races 377

Info from csupomona.edu

Career of the Month-Mechanical Engineer

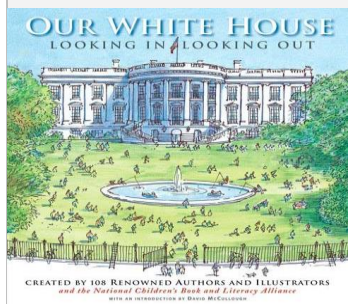
Median salary \$80,580

It takes creativity to shepherd a theoretical device into a practical reality. To do so, mechanical engineers employ a methodical process that entails research, design, developing, building and testing various devices. Computers are vital for tweaking a design and gauging how it will function. But to produce a fully refined product, mechanical engineers use grittier items such as electric generators, industrial production equipment and material-handling systems. When

confronted with the more complex and analytical portions of the occupation, being a wiz in areas like calculus and trigonometry is a major bonus. According to the Bureau Of Labor and Statistics, employment in the field is expected to grow by 4.5 percent over the next decade, bringing along 11,600 new positions. But the broad opportunities within that small hiring window should

leave aspiring mechanical engineers feeling encouraged. Architecture, alternative energies, remanufacturing and nanotechnology are subsets of this profession that will have open doors for candidates with the right education and experience. "One of the fun things about engineering is that there's something in it for anybody," says Tom Loughlin, executive director of the American Society of Mechanical Engineers.

Book of the Month:



Learn about the White House and the presidential families that have lived in this grand house over the years. This special book has contributions from over 110 contemporary and historic authors and illustrators.



"There is little that is more important for an American citizen to know than the history and traditions of his country. Without such knowledge, he stands uncertain and defenseless before the world, knowing neither where he has come from nor where he is going. With such knowledge, he is no longer alone but draws strength far greater than his own from the cumulative experience of the past and cumulative vision of the future."~

President John F. Kennedy, 1963, American Heritage

Picture: <http://www.bls.gov/k12/>

Balance is the Key to Life

Students can help achieve a sense of balance by practicing healthy life skills. Busy students at all levels of school should seek a balance through proper maintenance of their time, body, mind and relationships, all of which affect physical and mental health. If you develop healthy habits, you can lead a healthy lifestyle as a student and beyond.



ACTIVE LIFESTYLE

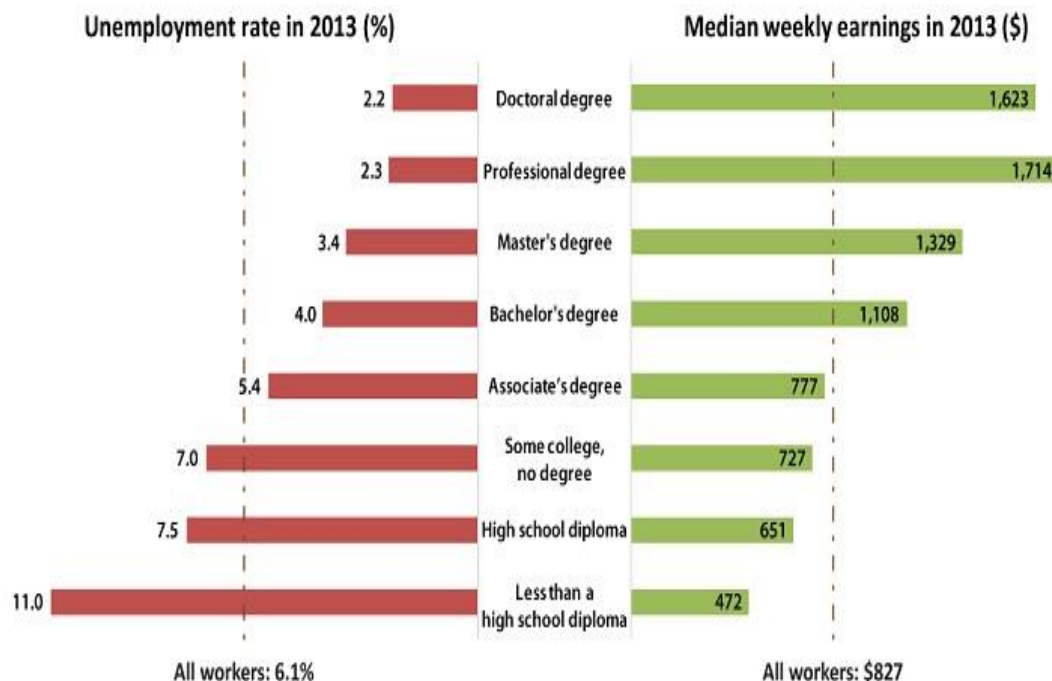
Students who exercise regularly and eat a healthy diet are able to keep up with their activities while less stressed and run down than sedentary students. These habits also can lower your risk for disease and cancer. Working out, such as aerobics classes, mixed martial arts, running or weightlifting, promotes mental focus and more restful sleep. This boosts academic performance. Healthy diets rich

in vitamins and essential nutrients provide energy to study and get through the day's other activities. Physical fitness also challenges and stimulates the mind.



EDUCATION PAYS IN HIGHER EARNINGS AND LOWER UNEMPLOYMENT RATES

Earnings and unemployment rates by educational attainment



Note: Data are for persons age 25 and over. Earnings are for full-time wage and salary workers. Source: Current Population Survey, U.S. Bureau of Labor Statistics, U.S. Department of Labor



October is Anti Bullying Month



Lt. Col/Assistant Principal:
Rouba Tay
rouba.tay@puhsd.org

Commandant/Principal:
Michael Rhodes
michael.rhodes@puhsd.org

SAFETY

Commandant's Message

Greetings Rough Rider Parents and Guardians,

With the start of a new year there are so many possibilities for all of us, especially the students at CMI. We are all excited about the new school year and all that is ahead of us. We are all excited about the new school year and all that is ahead of us. As you know, part of our learning environment, perhaps not the most obvious one is creating a safe environment that fosters student growth in all aspects of their lives. Educational growth, social growth, emotional growth and other growth areas are important aspects of our young men and women as they develop.

A community approach to student growth is certainly a great way to enter into partnerships and assist our students as the year begins and progresses. A safe environment is a foundation from which to build upon, and without a foundation, it is very difficult to achieve any real progress.

One aspect of safety, the first one that comes to my mind, is safety when travelling to and from school. As I look out each day at the front of our site, both before and after school, I am constantly reminded of the importance of safety.

Busy people on a busy street with multiple schools within walking distance of one another competing for limited space. Add in several hundred students to virtually every grade level, often times distracted by their peers and other things going on their lives. Also consider the busy people on the busy street are also distracted with their jobs, getting their kids to school on time, by electronic devices, and other things going on their lives and, potentially, it is a recipe for a mishap.

Please take the time to discuss with your sons and daughters the importance of being safe in their travels to and from school. Also, I would like to remind you of taking the time to reflect on your practices.

when dropping off or picking up your students here and at other sites as well. As you well know, the front of the school can be a very busy place. Be courteous and respectful in and around the school parking lots. Be mindful that students will often be distracted, and may or may not be aware of you or potentially dangerous situations. Be a role model and mentor for your students and others as well. Pull forward as far as possible to allow for additional cars to get into the pick-up area and, while in the parking lot, your foot should always be on the brake.

Please help us help our young men and women by reminding them of the importance of being safe in their travels to and from school. Also, remember to do your part and slow down and carefully and continually scan for students and potential mishaps that might occur.

-Mr. Michael Rhodes



Lieutenant Colonel's Message

October is National Bullying Prevention Month. Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Both kids who are bullied and who bully others may have serious, lasting problems.

In order to be considered bullying, the behavior must be aggressive include an imbalance of power and repetition. (<http://www.stopbullying.gov/>). Whether you are the alleged victim or alleged bully, you may experience physical or emotional pain that will hinder your overall productivity at school and your interpersonal relationships. Everyone

has a right to come to school and feel safe. If you know of someone who is bullying others or who is being bullied, please report it to an adult as soon as you become aware of the problem. By paying attention to this matter and working together we can stop bullying and make our campus a safer place.

-Ms. Rouba Tay